



### 5.2.3 Practice: A Weekend Away

Physical Education (S3852890)

Points possible: 30

Practice Assignment

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Date: \_\_\_\_\_

You will choose a weekend activity and plan it accordingly in this practice. Assume you will be gone for two days and two nights.

Answer the following questions based on what you have learned.

Weekend activity:

1. What preparation does the activity involve? Be specific. For instance, where are you going? Who will you tell where you're going? How will you get there? Et cetera. (5 points)
2. In addition to the Ten Essentials, what supplies and provisions does this specific activity require? (5 points)

3. How many people will go? What will the division of responsibility be? (Who brings what, cooks what, and so on?) (5 points)

4. What safety precautions should you be prepared to take? For instance, will you be in bear country? Is the weather uncertain? Be specific. (5 points)

5. What will you do during the day? Give a rough itinerary and schedule for each day. (10 points)

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